109TH CONGRESS, 2D SESSION/SENATE DOCUMENT 109–20

Resolved: That the United States Federal Government Should Substantially Increase Public Health Services for Mental Health

NATIONAL DEBATE TOPIC FOR HIGH SCHOOLS, 2002–2003
Pursuant to 44 United States Code, Section 1333

Compiled by the Congressional Research Service
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(P.L. 90-620, Oct. 22, 1968; 82 Stat. 1270)

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Foreword

The 2002-03 high school debate topic is "Resolved: That the United States federal government should substantially increase public health services for mental health." This topic is chosen by the relevant debate associations.

In compliance with 44 U.S.C. §1333, the Congressional Research Service (CRS) of the Library of Congress prepared this bibliography to assist high school debaters in researching the topic. This bibliography is intended to assist debaters in the identification of further references and resources on the topic. In selecting items for this manual, CRS has sampled a wide spectrum of opinions reflected in the current literature on this issue. No preference for any policy is indicated by the selection or positioning of articles cited, nor is CRS disapproval of any policy or article to be inferred from its omission.

Some of the U.S. government documents listed in this bibliography may be found in U.S. government depository libraries, which can be identified by local public or college libraries. The Library of Congress cannot distribute copies of these or other materials to debaters. This manual is also available on the GPO Access Home Page on the World Wide Web at [http://www.access.gpo.gov].

The bibliography was prepared by Tara Rainson, Librarian, Office of Information Resources Management, CRS, under the direction of Sherry B. Shapiro, Information Resource Specialist. Production was made possible by Ann Eschete, Information Resources Assistant.

Good luck to each debater in researching, preparing and presenting arguments on this year's topic.

Daniel P. Mulhollan, Director
Congressional Research Service

RESOLVED: THAT THE UNITED STATES FEDERAL GOVERNMENT SHOULD SUBSTANTIALLY INCREASE PUBLIC HEALTH SERVICES FOR MENTAL HEALTH

AN ANNOTATED BIBLIOGRAPHY ON THE 2002-2003 HIGH SCHOOL DEBATE TOPIC

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November 2002

Introduction

The 2002-2003 high school debate topic is: "Resolved: That the United States Federal Government Should Substantially Increase Public Health Services for Mental Health."

This selective bibliography is intended to help debaters identify resources and references on the debate topic. The bibliography lists citations to books, congressional publications, and magazine and journal articles. The manual is divided into three subtopics: Mental Health Services, Information About Specific Mental Health Disorders, and General Electronic Resources Addressing the Subject of Mental Health. Debaters may look for these and related resources at their local high school, research, government depository, and public libraries.

There are a number of debate websites available for consultation. Examples include:

- National Federation of State High School Associations [http://www.nfhs.org/NFISDA.htm];

- University of Kansas Government Documents Library [http://kuhttp.cc.ukans.edu/cwis/units/kulib/docs/debate2000.html]; and

- University of Michigan Documents Center [http://www.lib.umich.edu/libhome/Documents.center/debate00.html].

The websites listed above contain many links to documents and to websites of organizations active in high school debate. A web search on the topic "high school debate" will yield a wide variety of debate related websites for further research.

Summary

The purpose of this debate manual is to provide students with a brief overview of information concerning the 2002-2003 high school debate topic,

"Resolved: That the United States Federal Government Should Substantially Increase Public Health Services for Mental Health."

This bibliography includes citations to books, congressional publications, and magazine and journal articles. The compilation is not intended to supply complete coverage of the topic. Further research on public health services for mental health in general, as well as each suggested subtopic, can be done at high school, research, depository, and public libraries.

Databases available through CRS's Office of Information Resources Management were used to prepare this bibliography.

Mental Health Services

Basic Information about Mental Illness and Treatment

American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders: DSM-IV-TR.* 4th ed., text revision. Washington, D.C.: American Psychiatric Association, 2000. 943 p.

A guide to symptoms of mental disorders currently recognized by the American Psychiatric Association.

—. *Handbook of Psychiatric Measures* (book with CD-ROM for Windows). Washington, D.C.: American Psychiatric Association, 2000. 820 p.

Center for Mental Health Services, Substance Abuse and Mental Health Services Administration. *Mental Health: Culture, Race, and Ethnicity. A Supplement to "Mental Health: a Report of the Surgeon General."* Washington, D.C.: Department of Health and Human Services, 2001. 200 p.

"DHHS Pub. No. SMA-01-3613."

Reviews the status of mental health services in the U.S. for African Americans, Hispanic Americans, Asian Americans and Pacific Islanders, and Native Americans and Alaskan Natives.

Available on the Internet at: [http://www.mentalhealth.org/cre/toc.asp].

Jones, Christopher A. "Current Issues in Mental Health Care." 50 *Vanderbilt Law Review* (1997): 677-793.

Manderscheid, Ronald W., and Marilyn J. Henderson. *Mental Health, United States*, 2000. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, 2001. 358 p.

"DHHS Pub. No. SMSA-01-3537".

Organized in four sections: (1) Looking ahead and reflecting upon the past; (2) Status of mental health statistics at the millennium; (3) Status of mental health services at the millennium; (4) Elements of the national statistical picture.

Available on the Internet at [http://www.mentalhealth.org/publications/allpubs/SMA01-3537/default.asp]

Mental Health: a Report of the Surgeon General. Rockville, MD: Dept. of Health and Human Services, U.S. Public Health Service; For sale by the Supt. of Docs., 1999. 2 v.

"This report is the product of a collaboration between two federal agencies: the Substance Abuse and Mental Health Services Administration; and the National Institutes of Health, which supports and conducts research on mental illness and mental health through its National Institute of Mental Health. This report recognizes the inextricably intertwined relationship between our mental health and our physical health and well-being. It emphasizes that mental health and mental illness are important concerns at all ages. The report in its entirety provides ... a review of scientific advances in the study of mental health and of mental illness that affect at least one in five Americans."

Available on the Internet at: [http://www.mentalhealth.org/features/surgeongeneralreport/home.asp]

National Institute of Mental Health, National Institutes of Health. *Basic Behavioral Science Research for Mental Health: a National Investment. A Report of the National Advisory Mental Health Council.* NIH Pub. No. 96-3682. Rockville, MD: National Institutes of Health, 1995. 141 p.

"DHHS Pub. No. SMSA-01-3537"

Available on the Internet at: [http://www.nimh.nih.gov/publicat/basbehav.cfm]

Prior, Pauline. *Gender and Mental Health.* New York: New York University Press, 1999. 198 p.

Reisner, Ralph, Christopher Slobogin, and Arti Rai. *Law and the Mental Health System: Civil and Criminal Aspects.* St. Paul, MN: West Group, 1999.

1218 p.

Shneidman, Edward. *Comprehending Suicide: Landmarks in 20th Century Suicidology*. Washington, D.C.: American Psychological Association, 2001. 272 p.

Partial contents. — History of suicide: voluntary death in western culture. — Suicide: a sociological and statistical study. — The neurobiology of suicide: from the bench to the clinic. — Survivors of suicide.

World Health Organization. *The World Health Report 2001. Mental Health: New Understanding, New Hope*. Geneva: World Health Organization, 2001.

Available on the Internet at:

[http://www.who.int/whr/2001/main/en/index.htm]

Partial contents.–A public health approach to mental health.–Burden of mental and behavioral disorders.–Solving mental health problems.–Mental health policy and service provision.–The way forward.–Statistical annex.

Consequences of Mental Illness — Economic Costs, Violence, Homelessness, and Family Strain

Bachrach, Leona L. "What We Know about Homelessness among Mentally Ill Persons: an Analytical Review and Commentary." *Hospital and Community Psychiatry* 43 (May 1992): 453-464.

Dixon, Lisa, Peter Wieden, Michael Torres, and Anthony Lehman. "Assertive Community Treatment and Medication Compliance in the Homeless Mentally Ill." *American Journal of Psychiatry*, 154 (Sept. 1997): 1302-1304.

DeMallie, Diane A., Carol S. North, and Elizabeth M. Smith, "Psychiatric Disorders among the Homeless: a Comparison of Older and Younger Groups." *Gerontologist* 37 (Feb. 1997): 61-66.

Fazel, S., and J. Danesh, "Serious Mental Disorder in 23,000 Prisoners: a Systematic Review of 62 Surveys." *Lancet* 359 (Feb. 16, 2002): 545-550.

Fulwiler, C., H. Grossman, C. Forbes, and R. Ruthayer. "Early-onset Substance Abuse and Community Violence by Outpatients with Chronic Mental Illness." *Psychiatric Services* 48 (Sept. 1997): 1181-1185.

Gordon, Dianna. "Keeping Sex Offenders Off the Streets." *State Legislatures* 24 (Mar. 1998): 32-33.

Hiroeh, Urara, et al. "Death by Homicide, Suicide, and Other Unnatural Causes in People with Mental Illness: a Population-based Study." *Lancet* 358 (Dec. 2001): 2110-2112.

Available on the Internet at:

[http://www.thelancet.com/journal/vol358/iss9299/original_research]

Internet access is free, but registration is required.

Hopper, K., T. Hay, J. Jost, and S. Welber. "Homelessness, Severe Mental Illness, and the Institutional Circuit." *Psychiatric Services* 48, no. 5 (1997): 657-665.

Jenson, Cary E. "Predicting Resource Utilization by Children with Serious Emotional Disturbance and Their Families." *Journal of Child and Family Studies* 11(3) (Sept. 2002): 361.

Kessler, Carol. "Need for Attention to Mental Health of Young Offenders." *Lancet* 359 (June 8, 2002): 1956-1957.

Lam, Julie A., and Robert Rosenheck. "The Effect of Victimization on Clinical Outcomes of Homeless Persons with Serious Mental Illness." *Psychiatric Services* 49 (May 1998): 678-683.

Nicholson, Joanne, Elaine M. Sweeney, and Jeffrey L. Geller "Mothers with Mental Illness." *Psychiatric Services* 49 (May 1998): 635-649.

Quigley, Eileen. "The Homeless: How Can the Complex Problem of Homelessness Be Overcome?" *CQ Researcher* 2, no. 29 (Aug. 7, 1992): 665-688.

Rice, Dorothy P., Sander Kelman, and Leonard S. Miller. "The Economic Burden of Mental Illness." *Hospital and Community Psychiatry* 43 (Dec. 1992): 1227-1232.

"Special Issue: Quality of Life for Persons with Severe Mental Illness: International Perspectives." *Community Mental Health Journal* 34 (Oct. 1998): 459-535.

Swanson, Jeffrey W. "The Social-Environmental Context of Violent Behavior in Persons Treated for Severe Mental Illness." *American Journal of Public Health* 92, no. 9, (Sept. 2002): 1523-1532.

Tomkins, Alan J., et al. "Handbook of Psychiatric Drugs: 2001-2002 Edition." *Current Clinical Strategies Series*, 2000. 109 p.

"[A]vailable research indicates that children who witness their mother's abuse, but who do not themselves become direct targets of the violence, display significant psychosocial deficits that are less extensive and severe than those experienced by directly abused children, but much greater than such deficits typically found in youngsters who grow up in non-violent households. This literature also suggests that such children could benefit from mental health/social service intervention."

Medication

Cooper, Mary H. "Prozac: Are Drugs for Treating Mental Illness Being Used Too Freely?" *CQ Researcher* 4, no. 31 (Aug.19, 1994): 721-744.

Salzman, Bernard. *The Handbook of Psychiatric Drugs: A Consumer's Guide to Safe and Effective Use.* 2nd ed. New York: Henry Holt, 1996. 305 p.

Sammons, Morgan T., and Norman B. Schmidt. *Combined Treatments for Mental Disorders: a Guide to Psychological and Pharmacological Interventions.* Washington, D.C.: American Psychological Association, 2001. 384 p.

Partial contents.–Prescriptive authority for psychologists: law, ethics, and public policy.–Comparative and combined treatments for obsessive-compulsive disorder.–Combined treatment for depression.–Combined treatment and rehabilitation of schizophrenia.

Mental Health Policy and Availability of Care

Barry, Ellen. "Cuts End Free Mental Help for Many Poor." *Boston Globe*, (Sept. 9, 2002): A1.

Barry, Patricia D. *Mental Health and Mental Illness.* 7th ed. Philadelphia: Lippincott, 2002. 512 p.

Intended as a guide to mental health nursing, offers information on the history of mental health care, treatment settings for mental disorders, and characteristics of and treatments of different mental health problems.

Bazelon Center for Mental Health Law. *A New Vision of Public Mental Health.* Washington: Bazelon Center for Mental Health Law, 2002.

A model law to provide recovery-oriented mental health services and support, with commentary and suggested advocacy steps.

Available on the Internet at:
[http://www.bazelon.org/issues/general/publications/newvision/index.htm]

Becker, Marion, and Louis de la Parte. "Mental Health Service Use and Cost of Care for Older Adults in Assisted Living Facilities: Implications for Public Policy." *Journal of Behavioral Health Services and Research* 29, no. 2 (Feb. 2002): 91-98.

Bernstein, Robert, and Chris Koyanagi. *Disintegrating Systems: the State of States' Public Mental Health Systems.* Washington, D.C.: Bazelon Center for Mental Health Law, 2001. 24 p.

Boyle, Philip J. and Daniel Callahan, eds. *What Price Mental Health?: the Ethics and Politics of Setting Priorities.* Washington, D.C.: Georgetown University Press, 1995. 243 p.

Cuffel, Brian J., David Wait, and Tom Head. "Shifting the Responsibility for Payment for State Hospital Services to Community Mental Health Agencies." *Hospital and Community Psychiatry* 45 (May 1994): 460-465.

Available on the Internet at:

[http://thomas.loc.gov/lsx/lsx/94.6887.doc.pdf]

Dreifus, Claudia. "A Rebel Psychiatrist Calls Out to His Profession." *New York Times* (Aug. 27, 2002): 6.

Harvard psychiatrist J. Allan Hobson discusses the effects of medication and economic pressures on the psychiatric profession.

Fellin, Phillip. *Mental Health and Mental Illness: Policies, Programs, and Services.* Itasca, IL: Peacock Publishers, 1996. 258 p.

Goode, Erica, and Emily Eakin. "Mental Health: the Profession Tests its Limits." *New York Times* (Sept. 11, 2002, late edition): A1, A16-A17.

Examines New York's efforts to provide mental health services to treat post-traumatic stress disorder in the wake of September 11, 2001.

Goodwin, Simon. *Comparative Mental Health Policy: from Institutional to Community Care*. Thousand Oaks, CA: Sage Publications, 1997. 183 p.

Hargreaves, William A. *Cost-outcome Methods for Mental Health*. San Diego: Academic Press, 1998. 242 p.

Hollingsworth, Ellen J., and J. K. Sweeney. "Mental Health Expenditures for Services for People with Severe Mental Illnesses." *Psychiatric Services* 48 (April 1997): 485-490.

Kemp, Donna R. *International Handbook on Mental Health Policy*. Westport, CT: Greenwood Press, 1993. 490 p.

Addresses the 1980s and early 1990s. Provides a comparative examination of mental health policy in the following nations: Argentina.– Canada.– Chile.–China.–India.–Israel.–Italy.–Japan.–Korea.–Netherlands. –New Zealand.–Nigeria.–Pakistan.–Romania.–Russia.–Saudi Arabia.– Turkey.– U.K.– U.S.– Zambia

Kirk, Stuart A., and Susan D. Einbinder. *Controversial Issues in Mental Health*. Boston: Allyn and Bacon, 1994. 279 p.

A collection of Yes and No essay responses, drafted to mental health professionals, to questions about issues in mental health care. Sample questions: "Is the concept of mental disorder culturally relative?," "Is primary prevention the best use of funds allocated for mental health intervention?," "Is mental illness a cause of homelessness?," "Is the emphasis on genetics distorting our approaches to mental disorders?," "Is psychoanalytic therapy relevant for public mental health programs?," "Do mental health professionals basically offer clients the same service?," "Has deinstitutionalization failed?," " Is managed care good for mental health clients?"

Levy, Clifford J. "State Is Failing Mentally Ill, Study Says." *New York Times* (Sept. 15, 2002): 33.

Discusses problems with New York's adult homes for the mentally ill.

Magyar, Mark J. "Ex-patients Mount Drive for Better Mental Care: Bergen County, New Jersey," *The Record* (Sept. 12, 1987): A1.

Mathesian, Charles. "After the Asylum." *Governing* (Mar. 1998): 32-33, 36-38.

"With the big state psychiatric hospitals closing down, state mental health dollars are supposed to follow the patients into the community. It isn't always working out that way."

Ogloff, James R. P., Ronald Roesch, and Stephen Hart. "Mental Health Services in Jails and Prisons: Legal, Clinical, and Policy Issues." *Law and Psychology Review* 18 (Spring 1994): 109-136.

Argues for increasing mental health services in prisons.

O'Neil, Tim. "Mentally Ill Children Get Short Shrift, Report Says, Many Are Going Untreated Because of State System's Shortcomings, Group Says." *St. Louis Post-Dispatch* (Sept. 16, 2002): B.1.

Rohland, Barbara M., and James E. Rohrer. "Capacity of Rural Community Mental Health Centers to Treat Serious Mental Illness." *Community Mental Health Journal* 24, no. 3 (June 1998): 261-273.

Roleff, Tamara L., and Susan D. Egendorf. *Mental Illness: Opposing Viewpoints.* San Diego, CA: Greenhaven Press, 2000. 191 p.

Essays and speeches on mental health issues. How should mental illness be defined? How should society deal with the mentally ill? What mental health issues do children face? What mental health treatments are beneficial?

Rothbard, Aileen, Arie P. Schinnar, Treavor P. Hadley, Kathleen A. Foley, and Eri Kuno. "Cost Comparison of State Hospital and Community-based Care for Seriously Mentally Ill Adults." *American Journal of Psychiatry* 155 (April 1998): 523-529.

Rubin, Bonnie Miller, and Robert Becker. "Colleges Adapt to Help Mentally Ill Students; More Aid Offered as Stigma Wanes." *Chicago Tribune* (Sept. 10, 2002): p.1.

Santos, George D. "Nowhere to Go: Crisis of Capacity for Harris County's Mentally Ill." *Houston Chronicle* (Sept. 15, 2002): C1.

Author comments on the community-wide mental health crisis affecting Texas.

World Health Organization. *The Introduction of a Mental Health Component into Primary Health Care.* Geneva: World Health Organization, 1990. 59 p.

Partial contents.–Mental health issues in primary health care.–The scope of mental health in primary health care.–The importance of a national mental health policy.–Involving the community.–Contributions to mental health from other sectors.–Infrastructure for decentralized and integrated mental health care.–Issues in training and the need for change.–Priority conditions and the supply of essential drugs.–Data collection.–The cost of a mental health component in primary health care.

Health Insurance and Mental Health Parity

Broskowski, Anthony, and Shelagh Smith. *Estimating the Cost of Preventive Services in Mental Health and Substance Abuse under Managed Care.* Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, 2001. 65 p.

"DHHS Pub. No. SMA-02-3617R."

This report presents estimates of the cost to managed care organizations for six different preventative interventions for mental health or substance abuse patients. The six interventions: (1) Prenatal and infancy home visits for high-risk mothers; (2) Smoking cessation targeted at pregnant women; (3) Targeted short-term mental health therapy; (4) Health promotion through self-care education; (5) Presurgical educational intervention with adults; (6) Brief counseling to reduce alcohol use. Sharon Dorfman's publication, below, is intended as a companion piece.

Burnam, M.A., and J. J. Escarce. "Equity in Managed Care for Mental Disorders." *Health Affairs* (Sept.-Oct. 1999): 2231.

Chodoff, Paul. "Medical Necessity and Psychotherapy." *Psychiatric Services* 49 (Nov. 1998): 1481-1483.

Dorfman, Sharon. *Preventative Interventions under Managed Care: Mental Health and Substance Abuse Services.* Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, 2000. 87 p.

Explains the methodology for Broskowski and Smith, above.

Epstein, Keith. "Covering the Uninsured: Can America Afford to Insure Everyone?" *CQ Researcher* 12, no. 23 (June 14, 2002): 521-544.

"Equity for Mental Illness." *Washington Post* (Sept. 9, 2002, final edition): A16.

Frank, R.G., C. Koyanagi, and T.G. McGuire. "The Politics and Economics of Mental Health Parity Laws." *Health Affairs* 16, no. 4, (1997): 108-119.

Gitterman, Daniel P., Roland Sturm, and Richard M. Scheffler. "Toward Full Mental Health Parity and Beyond: Managed Behavioral Health Care Has Made Full Parity Affordable and Therefore Thinkable." *Health Affairs* (July-Aug. 2001): 58-67.

Kataoka, S. H. "Unmet Need for Mental Health Care among U.S. Children: Variation by Ethnicity and Insurance Status." *American Journal of Psychiatry*, 159, no. 9, (Sept. 2002): 1548.

Kirchstein, Ruth L. *Insurance Parity for Mental Health: Cost, Access, and Quality: Final Report to Congress by the National Advisory Mental Health Council.* Rockville, MD: U.S. Department of Health and Human Services, 2000. 50 p.

Available on the Internet at:
[http://www.nimh.nih.gov/parity/paritytoc.cfm]

"Mental Health Insurance: Should Mental Health Benefits Equal Medical Benefits?" *CQ Researcher* 12, no. 12 (Mar. 29, 2002): 265-288.

"Mental Illness: Should the Mentally Ill Get More Health-care Benefits?" *CQ Researcher* 3, no. 29 (Aug. 6, 1993): 675-720.

Sturm, Roland. *How Expensive Is Unlimited Mental Health Care Coverage under Managed Care*? *JAMA* 278, no. 18 (Nov. 12, 1997): 1533-1537.

Mental Health Under the Americans with Disabilities Act

"Mental Health Policy: Are Americans with Mental Illness Adequately Protected?" *CQ Researcher* 7, no. 34 (Sept. 12, 1997): 793-816.

Tarnow, William M. "Genetic and Mental Disorders under the ADA." *DePaul Journal of Health Care Law* 2 (Winter 1998): 291-323.

Relevant Public Laws

The text of all these public laws can be found for free on the Library of Congress' Thomas website. The address is [http://thomas.loc.gov].

Scroll down to Legislation on the left side of the screen and click on "Public Laws by Public Law Number." On the next screen, choose the appropriate Congress. The number of the Congress is indicated by the first three digits of the Public Law number (for example, 106 or 107).

Then, for the appropriate Congress, choose the correct sequence. For example, for P.L. 107-83, click on "107-51 – 107-100."

Finally, scroll down to the appropriate law. Public Law numbers are listed at the end of the individual descriptions, in black text. The blue hyperlinks indicate only the numbers of the bills from which the public laws originated.

Often, many separate provisions will be contained in a single bill. To find the sections that are especially interesting to you, it can be helpful to use the "Find" command on your browser to search for phrases such as "mental health," "children's mental health," or "health insurance."

Printed copies of public laws can also be found in a library that carries the *U.S. Statutes at Large* or the *United States Congressional and Administrative News* series.

Americans With Disabilities Act. P.L. 101-336

America's Law Enforcement and Mental Health Project. P.L. 106-515

Provided grants for 100 demonstration mental health courts. These courts were designed to provide judicial supervision and case management for convicted mentally ill offenders. Only offenders charged with misdemeanors or non-violent offenses could qualify.

Children's Health Act of 2000. P.L. 106-310

Addressed children's health and youth drug and mental health services.

Mental Health Parity Act of 1996. P.L. 104-204

Expired on September 30, 2001.

Two bills introduced in the 107th Congress, H.R. 4066 and S. 543, address the subject of mental health parity. The bills define mental health parity as "provid[ing] for equal coverage of mental health benefits with respect to health insurance coverage unless comparable limitations are imposed on medical and surgical benefits."

Information about Specific Mental Health Disorders

Alcoholism

Ketcham, Katherine, et al. *Beyond the Influence: Understanding and Defeating Alcoholism.* New York: Bantam Doubleday Dell, 2000. 320 p.

Scratchley, David, and James E. Royce. *Alcoholism and Other Drug Problems.* New York: Free Press, 1996. 386 p.

Partial contents.–Alcohol and other drugs–Addiction.–Prevention and intervention.–Treatment and rehabilitation.

Alzheimer's

Alzheimer's Association

[http://www.alz.org]

"Alzheimer's Disease." *CQ Researcher* 2, no. 27 (July 24, 1992): 617-640.

Hanin, Israel, Mitsuo Yoshida, and Abraham Fisher, eds. *Alzheimer's and Parkinson's Diseases: Recent Developments.* New York: Plenum Press, 1995. 724 p.

Hay, Jennifer. *Alzheimer's & Dementia: Questions You Have — Answers You Need.* Allentown, PA: People's Medical Society, 1996. 192 p.

Markin, R.E. *Coping with Alzheimer's: the Complete Care Manual for Patients and Their Families.* Secaucus, NJ: Carol Pub. Group, 1998. 122 p.

Anxiety and Post-Traumatic Stress

Anxiety Disorders Association of America
[http://www.adaa.org]

Clark, Charles S. "Job Stress: Are Americans Working Themselves to a Frazzle?" *CQ Researcher* 5, no. 29 (Aug. 4, 1995): 681-704.

Gillian Kelly. *Post-Traumatic Stress Disorder and the Law*. Dublin: Round Hall Sweet & Maxwell, 2000. 150 p.

Kelly, William E., ed. *Post-traumatic Stress Disorder and the War Veteran Patient*. New York: Brunner/Mazel, 1985. 338 p.

Maercker, Andreas, Matthias Schutzwohl, and Zahava Solomon, eds. *Posttraumatic stress Disorders: a Linesman-developmental Perspective*. Seattle, WA: Hogrefe & Huber, 1999. 264 p.

Simpson, Carolyn, and Dwain Simpson. *Coping With Post-Traumatic Stress Disorder*. New York: Rosen Pub. Group, 1997. 129 p.

"Treating Anxiety: Which Therapy Technique Works Best?" *CQ Researcher* 12, no. 5 (Feb. 8, 2002): 97-120.

Autism

The Autism Epidemic: Is the NIH and CDC Response Adequate? Hearing before the Committee on Government Reform, House of Representatives, 107th Congress, 2nd session, April 18, 2002.
Available on the Internet at: [http://purl.access.gpo.gov/GPO/LPS22174]

Autism Facts. National Institute of Child Health and Human Development. Electronic resource.
Available on the Internet at:
[http://www.nichd.nih.gov/publications/pubs/autism/facts/index.htm]

Autism: Present Challenges, Future Needs — Why the Increased Rates? Hearing before the Committee on Government Reform, House of Representatives, 106th Congress, 2nd session, Apr. 6, 2000. 2001
Available on the Internet at [http://purl.access.gpo.gov/GPO/LPS10817]

Autism: Why the Increased Rates? — a One-year Update. Hearing before the Committee on Government Reform, House of Representatives, 107th Congress, 1st session, Apr. 25 and 26, 2001.

Dunlap, Glen, and Mary-Kay Bunton-Pierce. *Autism and Autism Spectrum Disorder (ASD).* Electronic resource, ERIC digest #E583. 1999. 4 p. Available on the Internet at: [http://www.ed.gov/databases/ERIC%5FDigests/ed436068.html]

Depression

"Even Young Kids Can Suffer from Depression." *USA Today: the Magazine of the American Scene* 124 (Oct. 1995): 14.

Friedewald, Vincent, and Julie Stockler. *Ask the Doctor: Depression.* Kansas City: Andrews McMeel Pub., 1998. 114 p.

Hales, Dianne. *Depression.* New York: Chelsea House, 1989. 101 p. Introduction by C. Everett Koop.

Koch, Kathy. "Childhood Depression: Is it on the Rise?." *CQ Researcher* 9, no. 26 (July 16, 1999): 593-616.

Koplewicz, Harold S. *More than Moody: Recognizing and Treating Adolescent Depression.* New York: Putnam Pub. Group, 2002. 366 p.

Weaver, Robyn M. *Depression.* San Diego, CA: Lucent Books, 1999. 96 p.

Worsnop, Richard L. "Depression: Why Does the Disorder Affect So Many People?" *CQ Researcher* 2, no. 37 (Oct. 9, 1992): 857-880.

Eating Disorders

Beck, Carol. *Anorexia and Bulimia for Dummies.* Indianapolis, IN: Wiley Publishing, 2003. 360 p.

Gordon, Richard A. *Eating Disorders: Anatomy of a Social Epidemic.* 2nd ed. Malden, MA: Blackwell Publishers, 1999. 176 p.

Graves, Bonnie. *Anorexia.* Mankato, MN: LifeMatters, 2000. 64 p.

Leone, Daniel A., ed. *Anorexia.* San Diego, CA: Greenhaven Press, 2001. 73 p.

Sanders, Pete, and Steve Myers. *Anorexia and Bulimia.* Brookfield, CT: Copper Beech Books, 1999. 32 p.

Worsnop, Richard L. "Eating Disorders." *CQ Researcher* 2, no. 47 (Dec. 18, 1992): 1097-1120.

Manic-Depression/Bipolar Disorder

Goodwin, Frederick K., and Kay Redfield Jamison. *Manic-Depressive Illness.* New York: Oxford University Press, 1990. 938 p.

Partial contents.– Clinical description–The manic-depressive spectrum–Diagnosis.–Course and outcome.–Epidemiology.–Childhood and adolescence.–Alcohol and drug abuse in manic-depressive illness.–Suicide.–Personality and interpersonal behavior.–Genetics.–Biochemical models.–Biochemical and pharmacological studies.–Anatomical, physiological and medical studies.–Medical treatment of acute bipolar depression.–Maintenance medical treatment.

Miklowitz, David J. *The Bipolar Disorder Survival Guide: What You and Your Family Need to Know.* New York: Guilford Press, 2002. 322 p.

Papolos, Demitri, and Matthias Papolos. *The Bipolar Child: the Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder.* New York: Broadway Books, 1999. 398 p.

A guide to early-onset bipolar disorder that describes the differences between adult and childhood manic depression.

Torrey, E. Fuller, and Michael B. Knable. *Surviving Manic Depression: a Manual on Bipolar Disorder for Patients, Families, and Providers.* New York: Basic Books, 2002. 416 p.

Partial contents.–Dimensions of manic-depressive illness.–The inner world: mania and depression from the inside.–Risk factors for developing manic-depressive illness.–Causes.–Medications: treatment strategies.–Nonmedication aspects of treatment.

Examines statistical issues, including how many people in the United States have manic depression, how many people are being treated, whether some cultural groups have more manic depression than others, and the prevalence of manic depression in other countries. Also examines problems

that can accompany this illness, such as homelessness, violence, suicide, and alcohol and drug abuse.

Schizophrenia

Abramovitz, Melissa. *Schizophrenia.* San Diego, CA: Lucent Books, 2002. 112 p.

Hirsch, Steven R., and Daniel R. Weinberger. *Schizophrenia.* Cambridge, MA: Blackwell Science, 1995. 740 p.

Nah, Mario, and Norman Sartorius, eds. *Schizophrenia.* Chichester, NY: Wiley, 1999. 492 p.

Partial contents.– Diagnosis of schizophrenia.–Pharmacological treatment of schizophrenia.–Psychotherapies for schizophrenia.–Prevention of disability and stigma related to schizophrenia.–Schizophrenia spectrum disorders.–Costs of schizophrenia.

General Electronic Resources Addressing the Subject of Mental Health

The following Internet sites contain extensive information on mental health problems, treatment concerns, and policy issues.

American Psychiatric Association

www.psych.org

Within this site, the "News Stand" provides APA news releases on mental health issues. "Clinical Resources" links to practice guidelines and to patient and family resources for patients with different mental disorders. "Public Policy Advocacy" includes links to "State of the States," "Federal Legislative and Regulatory Issues," and "Current Issues Briefs and Fact Sheets."

American Psychological Association

[http://www.apa.org]

The APA Public Interest Directorate provides links to information on the following issues: (1) Aging; (2) Children, youth, and families; (3) Disability; (4) Ethnic minority; (5) HIV/AIDS; (6) Lesbian, gay, and bisexual; (7) Public policy; (8) Urban initiative; (9) Women's issues; (10) Work stress and health. The Public Interest page is at [http://www.apa.org/pi/].

The APA Public Policy Office features legislative news. Click on "Funding" in the lefthand column for information on and the APA's analysis of the FY 2003 budget proposal. The Public Policy Office is found at [http://www.apa.org/ppo/].

APA also publishes an online journal, *Prevention and Treatment*, found at [http://journals.apa.org/prevention/].

Bazelon Center for Mental Health Law

[http://www.bazelon.org]

The Bazelon Center focuses on "(l)egal advocacy for the civil rights and human dignity of people with mental disabilities." Topics.–ADA issues.–Aging issues.–Children's issues.–Fair housing issues.–Mental health care.

Centers for Disease Control Mental Health Work Group

[http://www.cdc.gov/mentalhealth/].

This site offers links to articles, web sites of governmental and nongovernmental organizations, and state mental health organizations.

CX Debate Links

[http://cx.debatelinks.com]

Provides links to association, government, and journal sites that address one or more aspects of mental health and public health issues.

Debate Central

[http://www.debate-central.org]

This site, administered by the National Center for Policy Analysis, provides links on a variety of issues related to this years debate topic.

Web links are provided on the following subjects:

Access issues.–Criminal justice issues.–Mental disorders and disabilities.–Mental health care: background and philosophy.–Mental health care system.–Mental health law.–Mental health legislation.–Mental health policy issues.–Parity issues.–Patients' rights.–Spending and costs.–Treatment issues.

Department of Health and Human Services

See Substance Abuse and Mental Health Services Administration, below.

Healthfinder

[http://www.healthfinder.gov]

This site is a Department of Health and Human Services online medical library. For information on Mental Health and Mental Disorders, see [http://www.healthfinder.gov/scripts/SearchContext.asp?topic=544]

Medem Medical Library

A collection of electronic resources linked to by the American Medical Association. Mental health resources can be found at [http://www.medem.com/MedLB/sub_detaillb.cfm?parent_id=40&act=disp]

Topics listed.–Introduction to mental health.–Alzheimer disease.–Anxiety disorders.–Bipolar disorder.–Coping with HIV/AIDS.–Delirium.–Depression.–Eating disorders.–Mental health disorders in children.–Mental health issues affecting the elderly.–Psychiatric evaluation and diagnosis.–Schizophrenia.–Substance use disorders.–Other mental health concerns.–Medical news.–Medical journals/professional resources.

National Alliance for the Mentally Ill

[http://www.nami.org]

NAMI describes itself as "a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families and friends of people with severe mental illness."

On their "Illnesses and Treatments" page

[http://www.nami.org/illness/index.html]

NAMI provides links to information about several mental illnesses and mental health problems.

The NAMI Public Policy home page

[http://www.nami.org/policy.htm]

links to the organizations "Where We Stand" papers to their draft Omnibus Mental Health Recovery Act.

NAMI links to legislation they have designated as key bills in Congress at [http://www.nami.org/update/keybills.html].

National Institute for Mental Health

[http://www.nimh.nih.gov]

NIMH, one of the National Institutes of Health in Bethesda, MD, has a web site entirely devoted to information about mental health problems and their treatments. See the "For the Public" tab on the right side of the page for mental disorder information, research fact sheets, and statistics.

National Library of Medicine/Medline

The National Library of Medicine is part of the National Institutes of Health. The main web site is found at [http://www.nlm.gov].

NLM has two helpful online services: MedlinePlus and Medline.

MedlinePlus [http://www.nlm.nih.gov/medlineplus/] provides information on a variety of health topics. For Mental Health, see [http://www.nlm.nih.gov/medlineplus/mentalhealth.html]

Medline/PubMed provides references and abstracts from 4500 biomedical journals. However, the full text of articles cannot be found here. Medline/PubMed is at [http://www.ncbi.nlm.nih.gov/entrez/query.fcgi]

National Mental Health Association

[http://www.nmha.org]

NMHA describes itself as "the country's oldest and largest nonprofit organization addressing all aspects of mental health and mental illness." The web site contains legislative alerts, downloadable NMHA publications, news, illness fact sheets, and position statements. There is also a "Children and Families" page.

Substance Abuse and Mental Health Services Administration
SAMHSA, an agency of the U.S. Department of Health and Human Services, is found at [http://www.samhsa.gov].
SAMHSA administers several centers and offices, all of which can be linked to from the main page.
The Center for Mental Health Services,
[http://samhsa.gov/centers/cmhs/cmhs.html]
The Center for Substance Abuse Treatment,
[http://samhsa.gov/centers/csat2002/csat_frame.html]
The Center for Substance Abuse Prevention,
[http://samhsa.gov/centers/csap/csap.html]
The Office of Applied Statistics
[http://www.drugabusestatistics.samhsa.gov/]

University of Kansas Libraries, Research Guide for 2002 Debate Topic.
[http://www2.lib.ku.edu/~publications/debate.htm]
Provides collections of web links on the following subjects:
Federalism/states' rights.– Health insurance industry.–Legal issues (privacy, etc.).– Mental illness.–Parenting.–Social services.– Suicide prevention.

University of Michigan Documents Center. Mental Health Services, High School National Debate Topic 2002/2003.
[http://www.lib.umich.edu/govdocs/debate02.html]
Links to articles, political viewpoints, think tanks, and U.S. government agencies. Partial list of topics.–Books.–Debate readings.–Interest groups.–Statistics.–Think tanks.–Aging.–Children.–Homelessness.–Human rights.–Insurance.–Mental

health legislation.–Spending and costs.–Veterans.–Welfare.–International organizations.

United States. General Accounting Office.
[http://www.gao.gov]

Click on GAO Reports. Choose Search By Title and Subject. In the Title box, enter "Mental." From the Subject bar, choose Health. As of October 22, 2002, GAO had published the following reports, all available online:

Medicaid Managed Care: Four States' Experiences with Mental Health Carve out Programs. GAO Report No. HEHS-99-118. September 17, 1999.

Mental Health: Community-based Care Increases for People with Serious Mental Illness. GAO Report No. GAO-01-224. December 19, 2000.

Mental Health: Extent of Risk from Improper Restraint or Seclusion Is Unknown. GAO Report No. T-HEHS-00-26. October 26, 1999.

Mental Health Parity Act: Despite New Federal Standards, Mental Health Benefits Remain Limited. GAO Report No. HEHS-00-95. May 10, 2000.

Mental Health Parity Act: Employers' Mental Health Benefits Remain Limited Despite New Federal Standards. GAO Report No. T-HEHS-00-113. May 18, 2000.

Mental Health Services: Effectiveness of Insurance Coverage and Federal Programs for Children Who Have Experienced Trauma Largely Unknown. GAO Report No. GAO-02-813. August 22, 2002.

Mental Health: Improper Restraint or Seclusion Use Places People at Risk. GAO Report No. HEHS-99-176. Sept. 7, 1999.

Private Health Insurance: Access to Individual Market Coverage May Be Restricted for Applicants with Mental Disorders. GAO Report No. GAO-02-339. February 28, 2002.

Substance Abuse and Mental Health: Reauthorization Issues Facing the Substance Abuse and Mental Health Services Administration. GAO Report No. T-HEHS-97-135. May 22, 1997.

World Health Organization
[http://www.who.int]

For WHO's Mental Health web page, see
[http://www5.who.int/mental_health/main.cfm?s=0009]
Fact sheets, statistics, charts, and country reports are provided on several topics.– Depression.– Neurological disorders, including epilepsy.– Policy and

services.–Psychological reactions to catastrophe.–Schizophrenia.–Suicide prevention.–Gender and women's mental health.–Child and adolescent mental health.–Evidence and research.–Advocacy.–Mental Health Action Gap.–Noncommunicable diseases and mental health.–News.–Publications.–Events.

The "News" tab leads to recent news and journal articles on mental health problems.

Also see [http://www.who.int/health_topics/mental_disorders/en]. This page offers links to three Fact Sheets: (1) Mental and neurological disorders; (2) Mental health problems: mental health promotion; and (3) The undefined and hidden burden of mental health problems.

The full text of "The World Health Report 2001: Mental Health: New Understanding, New Hope," is also available online at: [http://www.who.int/whr/2001/main/en/index.htm]. Click on the title of the chapter you are interested in. There is also a "Download PDF" link for the full report.

HIGH SCHOOL DEBATE TOPICS, 2002-2003

U.S Government Publication about....

Subject Bibliography (SB) 043
December 19, 2006
Information for sale from the U.S. Government Printing Office

	Stock Number	Price
National Debate Topic for High Schools, 2002-2003. **RESOLVED: That the United States Federal Government Should Substantially Increase Public Health Services for Mental Health.**		
Alcohol Research & Health. SUBSCRIPTION. LIST ID AHRW. Issued quarterly. Presents current research findings prevention, treatment, and training program descriptions; and oberservations and opinions from those working at the grassroots level to provide services to the people affected by alcohol-related problems. Subscription price: Domestic - $25.00 a year: Foreign - $35.00 a year. Single copy price - Domestic - $12.00 a copy; Foreign - $16.80 a copy. File Code 2Q. 0-16-010431-9 HE 20.8309:	717-004-00000-1	$ 25.00
Alzheimer's Disease: Unraveling the Mystery. BOOK. 2002. Describes what has been learned to date about the disease and provides a glimpse into future directions for research. 60 p.; ill. and CD-DOM in pocket. 0-16-067664-9 HE 20.3002:M 99	017-024-01679-9	6.80
Attention Deficit Hyperactivity Disorder. BOOK. 1994. Offers up-to-date information on attention deficit disorders and the role of the National Institute of Mental Health- (NIMH) sponsored research in discovering underlying causes and effective treatments. Describes treatment options, strategies for coping, and sources of information and support. Tells what it is like to have Attention Deficit Hyperactivity Disorder (ADHD) through the stories of fictional characters who are representative of people who show symptoms of ADHD. 42 p.; ill. 0-16-045257-0 HE 20.8102:D 36/2	017-024-01543-1	$ 20.80

NOTICE: Prices shown were in effect on the above date. Government documents' prices are subject to change without prior notice. Therefore, prices in effect when your order is filled may differ from prices on this list. Since it is not feasible to the change prices shown in government documents in print,the price printed in a document may differ from the price in effect when your order is

	Stock Number	Price
Basic Behavioral Science Research for Mental Health, A National Investment: A Report of the National Advisory Mental Health Council. BOOK. 1995. Offers an overview of progress and promising lines of basic behavioral science research. Basic behavioral science includes a wide range of topics in psychology and related sciences, e.g., linguistics and ethnology, as well as research domains often described as social science, such as sociology and cultural anthropology. Highlights aspects of this research requiring the National Institute of Mental Health's (NIMH) special attention and stimulation. 141 p.; ill. 0-16-048097-3 HE 20.8102:B 39/5	017-024-01565-2	5.20
Clinical Research Guide for Therapists Treating Individuals With Alcohol Abuse and Dependence, Volume 2: Motivational Enhancement Therapy Manual. BOOK. 1996. Part of Project MATCH, a 5-year study to determine if varying subgroups of alcohol abusing patients respond differentially to three treatments: Twelve-Step Facilitation Therapy; Cognitive-Behavioral Coping Skills Therapy; and Motivational Enhancement Therapy (NET). This volume details the NET, a systematic intervention approach for evoking change in problem drinkers. 137 p.; ill. 0-16-061514-3 HE 20.8323:2	017-024-01597-1	6.80
Compilation of Selected Acts Within the Jurisdiction of the Committee on Energy and Commerce: Health Law, as Amended Through December 31, 2004. BOOK. 2005. Includes: Public Health Service Act; Developmental Disabilities Assistance and Bill of Rights Act of 2000; Mental Health Systems Act; Consumer-Patient Radiation Health and Safety Act of 1981; Drug Abuse Prevention, Treatment, and Rehabilitation Act; Protection and Advocacy for Mentally Ill Individuals Act of 1986; Health Care Quality Improvement Act of 1986; Alzheimer's Disease and Related Dementias Research Act of 1992; Abandoned Infants Assistance Act of 1988; and Appendix. 109th Congress, 1st Session. 1475 p. 0-16-051349-9 Y 4.C 73/8:109-B	052-070-07380-2	66.00
Dietary Guidelines for Americans, 2005 BOOK. 2005. Provides science-based advice to promote health and to reduce risk for major chronic diseases through diet and physical activity. Oriented toward policymakers, nutrition educators, nutritionists, and healthcare providers. Summarizes and synthesizes knowledge regarding individual nutrients and food components into recommendations for a pattern of eating that can be adopted by the public. Key recommendations are grouped under nine inter-related focus areas. 80 p.; ill. 0-16-072398-1 HE 1.2:D 56/2	001-000-04719-1	12.00
Getting Older, Living Healthier, Feeling Better: Start Today With the Dietary Guidelines for Americans (Brochure) BOOK. 2006. Provides the basic guidelines for eating a healthy diet and being physically active. Although this booklet is written especially for older adults, much of its advice could be used by anyone who wants to stay healthy. 12 p.; ill. 0-16-075179-9	017-001-00557-6	$ 65.00

	Stock Number	Price
How Much Are You Eating?: Dietary Guidelines for Americans BOOK. 2002. Offers advice that will help to promote health and reduce risk for chronic diseases such as heart disease, certain cancers, diabetes, stroke, and osteoporosis. 6 p.; ill. 0-16-051112-7 A 1.77:267-1	001-000-04698-5	33.50
Mental Health Benefits, Public Law 109-151. BOOK. 2005. Public Law 109-151. An Act to Amend Title 1 of the Employee Retirement Income Security Act of 1974, Title 27 of the Public Health Service Act, and the Internal Revenue Code of 1986, to Extend by One Year Provisions Requiring Parity in the Application of Certain Limits to Mental Health Benefits. Approved December 30, 2005. 1 p.	869-055-00151-1	2.25
Mental Health, United States, 2000. BOOK. 2001. Covers topics including: managed behavioral health care; assessment of outcomes and performance; key factors in managed care; population-based analyses for populations who are seriously mentally ill and severely emotionally disturbed; cost incurred through Medicare, Medicaid, and private sector insurance plans; and National Statistics. 358 p.; ill. 0-16-050952-1 HE 20.8137:2000	017-024-01674-8	44.00
National Center for PTSD Research Quarterly. SUBSCRIPTION. LIST ID PTSDQ. Issued quarterly. Contains review articles on specific topics related to Post-Traumatic Stress Disorder (PTSD), written by guest experts. Each article contains a selective bibliography with abstracts and a supplementary list of annotated citations. Subscription price: Domestic - $15.00 a year; Foreign - $21.00 a year. Single copy Price: Domestic - $4.00 a copy; Foreign - $5.60 a copy. File Code 2Q.	751-001-00000-2	$ 15.00
Psychosocial Issues for Children and Adolescents in Disasters. BOOK. 2005. Provides information and guidance to individuals concerned with the mental health needs of children who experience major disasters. 60 p. revised ed. 0-16-075359-7	017-024-01683-7	5.50
Taking Care: Ethical Caregiving in Our Aging Society. BOOK. 2005. This report aims to enrich public discussions about aging, dementia, and caregiving, to urge policymakers to take up these complicated yet urgent issues, and to offer guidance to both professional and family caregivers, who struggle to provide for those entrusted to their care. 331 p.; ill. 0-16-072915-7 PR 43.8:B 52/C 18	017-022-01593-5	8.73

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109TH CONGRESS, 2D SESSION/SENATE DOCUMENT 109–20

Resolved: That the United States Federal Government Should Substantially Increase Public Health Services for Mental Health

NATIONAL DEBATE TOPIC FOR HIGH SCHOOLS, 2002–2003
Pursuant to 44 United States Code, Section 1333

Compiled by the Congressional Research Service
Library of Congress